

Instructions to the Candidate

- **Review** the patient information and smoking history provided in the summary below.
 - **Conduct** a focused assessment of the patient's presentation.
 - **Formulate** an appropriate management plan based on the information gathered.
 - **You have 15 minutes** for this encounter.
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Patient Record Summary

- **Name:** Steve Tehl
 - **Age:** 42 years
 - **Gender:** Male
 - **Indigenous Status:** Not Aboriginal or Torres Strait Islander
 - **Allergies and Adverse Reactions:** Nil known
 - **Medications:** Nil regular medications
 - **Past History:**
 - Mild asthma, managed without regular medications.
 - Social anxiety, currently managed without medication.
 - **Social History:**
 - Works as a construction site manager.
 - Has smoked for 20 years, currently smokes 15 cigarettes per day.
 - Drinks socially, about 2-3 beers on weekends.
 - Lives with his wife and two children (ages 10 and 12).
 - **Family History:**
 - Father: Died of lung cancer at age 68.
 - Mother: Hypertension.
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Scenario

Steve Tehl, a 42-year-old male, presents for his routine check-up. During the visit, you **ask** about his smoking habits. He admits to smoking 15 cigarettes per day and has been

smoking for 20 years. He explains that he initially started smoking due to stress at work and continues smoking to help with his social anxiety.

Steve mentions that he has thought about quitting multiple times but has never made a serious attempt. He is open to hearing about his options but remains unsure if he is ready to quit right now.